## **AIMS** Student Support Services Newsletter November 2020 **College & Career edition** "It's a GREAT Day to be College and Career Ready!" I am a firm believer that students are never too young to be thinking about their future. We as educators need to provide students with as many opportunities as possible to see what life can be like after high school. A good place to start is taking a few minutes and answer these questions: What am I good at? What do I like to do? Visit Mrs. Kuhl's google classroom (kk77iys) to take a fun career interest survey! "Many students by the age of 10 believe they may have already made decisions that will impact their future career choices." **FREE** Career Exploration Activities: Name as many jobs/careers as you can! Play "I Spy" careers in the car during errands or trips. Interview family members about their careers. Create a vision board with cool careers from the results of your career interest survey!

## Career Development is a lifelong process that begins in childhood! **Careers in the ARTS!** This video series will help students in grades 6-12 explore the many career opportunities the fine and performing arts have to offer. Five fall episodes will launch in November Check out this link for careers in the Arts! Career How well do you know your college mascots! Take this fun quiz to test your college mascot skills! Want to check out more career videos? Click here to check out more career videos from young professionals who tell us about their jobs and take us behind the scenes to show us what they do every day. Learn about Ohio's in-demand jobs, and what it takes to get there.

Mental Health Resources Families Experiencing Homelessness or are in Transition Where can my students find *Free* meals? Columbus City Schools has grab-and-go option from 11 a.m. to 1 p.m., at 44 locations. The meals include freshly prepared hot and cold items such as pizza, hamburgers, lasagna rolls, salads, fresh fruits and vegetables, muffins, juice, and milk. During this time, families will also be able to pick up the next day's breakfast. To find a nearby location, text "FOOD" to 877-877. To sign up for Project Mentor (a free mentoring program for students) contact Mrs. Kuhl or Nikiah Kerr at: <a href="mailto:nkerr@bbbscentralohio.org">nkerr@bbbscentralohio.org</a> 614.522.9716 **Contact Information** Mrs. Nicol Kuhl School Counselor Monday-Friday Google Voice/Text:614.505.9387 Email: nkuhl@columbus.k12.oh.us Ms. Joy Hostetler School Social Worker M/W/F Google Voice/Text: 614.636.2876

Email:jhostetler2371@columbus.k12.oh.us

**Community Resources**